

SATURDAY, 7 DECEMBER 2019, OUR LADY OF LOURDES CHURCH, TOWNHILL, SWANSEA, SA1 6LA

"I WILL SHOW YOU KINDNESS ' theme:

- 10.00: Arrival/Refreshment (Parish Hall)
- 10.30: Talk by Fr Michael Akpoghiran, OP (Parish Hall)
  11.15: Guided Silent Reflection by Fr Victor Ogundipe, OP (5 minutes)
- 11.20: Adoration/Confession (church)
- 12.15: Holy Mass
- 13.00: Lunch (Please bring a packed lunch. Tea/Coffee available)
- 13.40: Group Discussion/Reflection
- 14.00: Closing

Contact: Fathers Michael & Clement OP, 01792655336, email: admin@domsec.org.uk